UNIVERSITY OF SKÖVDE

TRANSLATION FROM SWEDISH

COURSE SYLLABUS

Health, Culture and Migration G1F

7.5 credits

Course code: SD306G
Version number: 9
Valid from: 1 January 2026
Ratified by: Curriculum Committee for Health Sciences
Date of ratification: 28 May 2025

1. General information about the course

The course is provided by the University of Skövde and is named Health, Culture and Migration G1F (Hälsa, kultur och migration G1F). It comprises 7.5 credits and is a first-cycle course. The level of progression is G1F.

The course is a part of the main field of study in Social Psychology. The disciplinary domain of the course is Social Sciences.

2. Entry requirements

The course has the following entry requirements: passed SD163G Social Psychological Perspectives on Health and Well-Being G1N and passed SD303G Scientific Method G1F (or the equivalent).

3. Course content

The course comprises migration in a global context, different migrant processes, acculturation and the effect of migration on the human beings' objective and subjective health. In addition, cultural identity negotiations and social constructions concerning health and illness as key factors for health and health-related behavior are discussed.

4. Objectives

After completion of the course, the student shall be able to:

- account for and apply basic theories and terms of cross-cultural social psychology,
- critically analyze the socio-political and socio-cultural factors that affect the health and well-being of immigrants,
- explain how intercultural competence is constructed in healthcare,
- plan and critically evalutate health promotion initiatives for different groups of immigrants, and
- identify and exemplify different forms of acculturation and give examples of identity negotiations that take place during acculturation processes.

5. Examination

The course is graded VG (Pass with distinction), G (Pass) or U (Fail).

The examinations of the course consist of the following modes of assessment:

- **Individual written assignment and oral presentation**
  4.5 credits, grades: VG/G/U (determines the final grade)
- **Seminar assignment**
  3 credits, grades: G/U

Students with a permanent disability who have been approved for directed educational support may be offered adapted modes of assessment.

6. Types of instruction and language of instruction

The teaching is comprised of lectures, seminars and exercises.

Depending on the study period, the language of instruction may be Swedish or English. Even if the teaching is conducted in Swedish, some English may still occur.

7. Course literature and other educational materials

Mao, Y. & Ahmed, R. (Eds.) (2019). *Culture, migration, and health communication in a global context*. London & New York: Routledge. ISBN 9780367885182.

Smith, P. B. (2013). *Understanding social psychology across cultures: Engaging with others in a changing world* (2nd ed.). Los Angeles, California: SAGE. ISBN 9781446267110.

Trygged, S. & Righard, E. (Eds.) (2019). *Inequalities and migration: Challenges for the Swedish welfare state*. Lund: Studentlitteratur. ISBN 97891441169 45.

Compendium/articles will be added.

The latest edition of the course literature should be used.

8. Student influence

Student influence in the course is ensured by means of course evaluation. The students are informed about the results of the evaluation and potential measures that have been taken or are planned, based on the course evaluation.

9. Additional information

Further information about the course, as well as national and local governing documents for higher education, is available on the website of the University of Skövde.