UNIVERSITY OF SKÖVDE

TRANSLATION FROM SWEDISH

COURSE SYLLABUS

Health and Digitalisation G1F

7.5 credits

Course code: SD305G
Version number: 9.1
Valid from: 1 July 2026
Ratified by: Curriculum Committee for Health Sciences
Date of ratification: 17 December 2025

1. General information about the course

The course is provided by the University of Skövde and is named Health and Digitalisation G1F (Hälsa och digitalisering G1F). It comprises 7.5 credits and is a first-cycle course. The level of progression is G1F.

The course is a part of the main field of study in Social Psychology. The disciplinary domain of the course is Social Sciences.

2. Entry requirements

The course has the following entry requirements: passed SD163G Social Psychological Perspectives on Health and Well-Being G1N and passed SD303G Scientific Method G1F (or the equivalent).

3. Course content

This course deals with the foundations of e-health with a special focus on the practical applications of digital tools and services in the field of health. The emphasis on cultural and attitude work for successful implementation of digital solutions in the health area is highlighted and discussed from a social psychological perspective in relation to the overall role that technology has for citizens and the society.

4. Objectives

After completion of the course, the student shall be able to:

- account for digital innovations in health and welfare state from a social psychological perspective, and its effects on human living conditions,
- analyse socio-cultural and individual dimensions of digitalisation in health and welfare state,
- reflect on socio-ethical aspects of the digital development in the field of health, and
- demonstrate the ability to search for and summarize scientific social-psychological articles on health and digitalisation.

5. Examination

The course is graded VG (Pass with distinction), G (Pass) or U (Fail).

The examinations of the course consist of the following modes of assessment:

- **Supervised written examination**
  4.5 credits, grades: VG/G/U (determines the final grade)
- **Seminar assignment**
  3 credits, grades: G/U

Students with a permanent disability who have been approved for directed educational support may be offered adapted modes of assessment.

6. Types of instruction and language of instruction

The teaching is comprised of lectures and seminars.

Depending on the study period, the language of instruction may be Swedish or English. Even if the teaching is conducted in Swedish, some English may still occur.

7. Course literature and other educational materials

Cialdini, R. B. (2021). *Influence: The psychology of persuasion* (new and expanded ed.). New York: HarperCollins Publishers. ISBN 9780062937650.

Lupton, D. (2017). *Digital health: Critical and cross-disciplinary perspectives*. London and New York: Routledge. ISBN 9781138123458.

Webster, A. (2017). *Health, technology and society: A sociological critique*. [Electronic] London: Palgrave Macmillan. ISBN 9781137095930.

Compendium/articles will be added.

The latest edition of the course literature should be used.

8. Student influence

Student influence in the course is ensured by means of course evaluation. The students are informed about the results of the evaluation and potential measures that have been taken or are planned, based on the course evaluation.

9. Additional information

Further information about the course, as well as national and local governing documents for higher education, is available on the website of the University of Skövde.